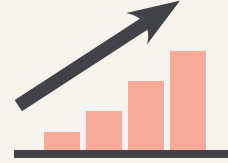




**Serious illness** affects people of all ages who may live for months or years.



Today, more than **12 million Americans** live with serious illness. This number is likely to double by 2040.<sup>1</sup>



Home-based palliative care is specialized medical care for those who have a serious illness and who have difficulty getting their medical needs met in the doctor's office. It is provided by a specialized team who visits the member at home and works together with their other doctors to provide an extra layer of support. Members can receive this care while also receiving curative and therapeutic treatment such as chemotherapy, radiation, dialysis, or surgery.

## What?

- Support for pain and symptom management
- Care plan development and shared decision making
- Home-based palliative care visits -in person and via video conferencing
- Medication management and reconciliation
- Psychosocial support for mental, emotional, social, and spiritual well-being
- 24/7 access to help and support
- Caregiver support

## Where?

- In-home
- Board and care
- Assisted living
- Some skilled nursing facilities
- Via phone or video in rural areas

## Who?

- Doctor
- Nurse practitioner
- Nurse
- Social worker
- Spiritual counselor



## ER visits



Palliative care may reduce unnecessary hospital and ER visits.<sup>2</sup>

**49** Number of contracted home-based palliative care providers cover all 58 California counties.

For questions or assistance with referrals, email us at [bscpalliativecare@blueshieldca.com](mailto:bscpalliativecare@blueshieldca.com) or visit the palliative care provider connection page under patient care resources.