



Los Angeles and Orange Counties

Medicare Advantage Plan Tip Sheets 2025

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2025 Medicare Advantage Plans

Los Angeles and Orange Counties

Plan Name and Counties	Who might fit best in this plan
<p>1 Blue Shield Inspire (HMO) - Los Angeles & Orange Counties</p> <p>This plan includes transportation to the doctor², chiropractic services¹, embedded dental with options to buy-up, vision, hearing aids, over-the-counter items allowance⁴, home meal delivery³ and supplemental erectile dysfunction (ED) drug coverage. SilverSneakers[®] fitness. NEW – Amazon Home Delivery for prescription drugs, offering convenience and additional cost savings to the members.</p>	<p>Our Lead Plan</p> <p>Blue Shield Inspire is our leading MAPD plan designed for beneficiaries looking for great value MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield’s robust network of many popular Los Angeles and Orange County providers.</p>
<p>2 Blue Shield 65 PlusSM (HMO) - Los Angeles & Orange Counties</p> <p>This plan includes dental services¹, hearing aids, personal emergency response system, and SilverSneakers[®] fitness.</p>	<p>Our Classic Plan</p> <p>This plan is designed for beneficiaries looking for a good balance of ancillary benefits, out-of-pocket costs, and access to our robust network of MAPD providers. This plan allows you to cross county lines.</p>
<p>3 Blue Shield Select (PPO) - Orange & San Diego Counties</p> <p>\$41 premium open access plan for those seeking maximum coverage and provider choice without referral and includes over-the-counter-items allowance⁴, chiropractic services¹, SilverSneakers[®] fitness, and preventive and diagnostic dental services¹.</p>	<p>PPO Plan</p> <p>This plan is an excellent option for those looking for provider flexibility and willing to pay a low monthly premium to get ancillary benefits without additional medical or Rx deductibles. This plan allows beneficiaries to see the Blue Shield MA-PPO network providers statewide. The plan also includes out-of-network benefits.</p>
<p>4 Blue Shield TotalDual Plan (HMO D-SNP) - San Diego & Los Angeles Counties</p> <p>This plan is an Exclusively Aligned Enrollment DSNP with \$0 for all tiers of prescription drugs, including new \$50 monthly grocery allowance⁵, transportation service⁵, over-the-counter items allowance⁴, health-related, personal emergency response system, chiropractic services¹, SilverSneakers[®] fitness. In-Home Supportive Services (IHSS) and additional Medi-Cal support services are independent of this plan.</p>	<p>Full Dual Plan</p> <p>This plan is designed for beneficiaries that are full dual eligible for Medicare and Medi-Cal. This plan assists with covering traditional Medicare costs with robust ancillary benefits. Beneficiaries will have access to dedicated Customer Service personnel who are trained to answer both Medicare and Medi-Cal questions and provides care coordination. The plan offers access to the full Blue Shield network and offers comprehensive dental with Delta Dental.</p>

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5 Blue Shield AdvantageOptimum Plan (HMO) - Los Angeles & Orange Counties

Formally a Blue Shield Promise Plan

\$0 premium plan and \$0 copay for Primary Care Physician office visit. Plan includes over-the-counter-items allowance⁴, transportation to your doctor², SilverSneakers[®] fitness and dental services².

This plan is designed for beneficiaries looking for a great value MAPD plan and strong ancillary benefits with access to the Blue Shield network. This plan has a higher out-of-pocket maximum and comprehensive dental with Delta Dental.

6 Blue Shield 65 PlusSM Plan 2 (HMO) - Los Angeles & Orange Counties

Our Classic Plan

\$0 premium plan and \$0 copay for Primary Care Physician office visit or PCP office visits. Plan includes transportation to your doctor², dental services¹, and SilverSneakers[®] fitness.

This plan is designed for beneficiaries looking for essential ancillary benefits and a large network of providers in a good value MAPD plan.

2025 Los Angeles County

MAPD Provider Network

Hospitals*

- Cedars-Sinai Medical Center
- Emanate Health Foothill Presbyterian Hospital
- Glendale Adventist Medical Center
- Huntington Memorial
- Lakewood Regional Medical Center
- Long Beach Memorial Medical Center
- PIH Health Whittier/Downey/Good Samaritan
- Providence Holy Cross Medical Center
- Providence Network
- Saint Joseph Medical Center
- St. Mary's Medical Center
- Torrance Memorial Medical Center
- and others

Medical Groups*

- Adventist Health Physicians
- Allied Pacific IPA
- AltaMed Health Services
- Cedars-Sinai Health Associates
- Cedars-Sinai Medical Group
- Emanate Health
- Facey Medical Group
- FQHC Clinics
- Heritage Provider Network
- Heritage Sierra Medical Group
- High Desert Medical Group
- Korean American Medical Group
- Lakeside Medial Organization
- Lakewood IPA

- Memorial Care Medical Group
- Optum
- PIH Health Physicians
- Prospect Medical Group
- Providence Health Services
- Regal Medical Group
- Seoul Medical Group
- St. John's Physician Partners
- Superior Choice IPA
- and others
- Torrance Memorial IPA

*Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.

Footnotes

1. Non-Medicare covered.
2. For non-emergency, plan-approved health related locations within the plan service area.
3. For individuals upon discharge from an inpatient hospital or skilled nursing facility. Includes 22 meals and 10 snacks per discharge. Coverage is limited to two discharges per year.
4. Two-time use per quarter allowance for eligible items. Unused allowance cannot be rolled over into the next quarter/month.
5. If a beneficiary is in the exclusively-aligned enrollment (EAE) BlueShield TotalDual Plan and qualify for Low Income Subsidy (LIS), then they are eligible to receive Value Based Insurance Design (VBID) benefits. Covered program benefits include the Healthy Grocery and Expanded Non-Medical Transportation benefits.

Only plans and counties that can accept enrollments in 2025 are shown. Limitations may apply. Benefits vary by county and plan. Please refer to Summary of Benefits for details. Blue Shield 65 Plus is a service mark of Blue Shield of California. SilverSneakers® is a registered trademark of Tivity Health, Inc. © 2024 Tivity Health, Inc. All rights reserved. Other providers are available in our network.

Blue Shield of California is an HMO, HMO D-SNP, PPO and PDP plan with a Medicare contract and a contract with the California State Medicaid Program. Enrollment in Blue Shield of California depends on contract renewal.

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