

# Medicare Advantage Plan Tip Sheets 2024

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Los Angeles and Orange Counties



Los Angeles and Orange Counties

	Los Angeles and Orange Counties	
	Plan Name and Counties	Who might fit best in this plan
1	Blue Shield Inspire (HMO) - Los Angeles & Orange Counties	Our Lead Plan
	\$0 premium plan and \$0 copay for primary care office visits. Plan includes supplemental erectile dysfunction (ED) drug coverage, transportation to your doctor <sup>3</sup> , chiropractic services <sup>2</sup> , dental services <sup>2</sup> , hearing aids, and home meal delivery <sup>4</sup> .	This plan is designed for beneficiaries looking for a great value MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield's robust network of many popular Los Angeles and Orange County providers. This plan includes supplemental erectile dysfunction (ED) drug coverage.
2	Blue Shield 65 Plus <sup>SM</sup> (HMO) - Los Angeles & Orange Counties	Our Classic Plan
	\$0 premium plan and \$0 copay for primary care office visits. Plan includes dental services <sup>2</sup> , hearing aids, personal emergency response system, and SilverSneakers® fitness and wellness programs.	This plan is designed for beneficiaries looking for a good balance of ancillary benefits, out-of-pocket costs, and access to a large network of providers in a MAPD plan. This plan allows you to cross county lines.
3	Blue Shield Select (PPO) - Orange & San Diego Counties	PPO Plan
	\$67 premium open access plan for those seeking maximum coverage and provider choice without referral and includes over-the-counter-items allowance <sup>5</sup> , chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, and preventive and diagnostic dental services <sup>2</sup> .	This plan is an excellent option for those looking for provider flexibility and willing to pay a low monthly premium to get ancillary benefits without additional medical or Rx deductibles. This plan allows beneficiaries to see the Blue Shield MA-PPO network providers statewide. The plan also includes out-of-network benefits.
4	Blue Shield TotalDual Plan (HMO D-SNP) - San Diego & Los Angeles Counties	Full Dual Plan
	\$0 premium plan and \$0 copay for primary care office visits. Plan includes including over-the-counter items allowance <sup>5</sup> , transportation to your doctor <sup>3</sup> , personal emergency response system, chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, dental services <sup>2</sup> , hearing aids, home meal delivery <sup>4</sup> .	This plan is designed for beneficiaries that are full dual eligible for Medicare and Medi-Cal. This plan assists with covering traditional Medicare costs with robust ancillary benefits. Beneficiaries will have access to dedicated Customer Care personnel who are trained to answer both Medicare and Medi-Cal questions and provides care coordination. The plan offers access to the full Blue Shield network except for UCLA and offers comprehensive dental with Delta Dental.



Los Angeles and Orange Counties

Los Angeles and Orange Counties	
Plan Name and Counties	Who might fit best in this plan
Blue Shield Enhanced (HMO) - Los Angeles & Orange Counties	Blue Shield Plan that offers access to the UCLA network
\$47 premium plan and \$0 copay for primary care office visits. Plan includes supplemental erectile dysfunction (ED) drug coverage, transportation to your doctor <sup>3</sup> , chiropractic services <sup>2</sup> , dental services <sup>2</sup> , hearing aids, and home meal delivery <sup>4</sup> .	This plan is designed for beneficiaries looking for access to Blue Shield's robust network of many popular Los Angeles and Orange County providers, including UCLA. This plan includes comprehensive dental, VSP vision, and rich ancillary benefits.
Blue Shield AdvantageOptimum Plan (HMO) - Los Angeles & Orange Counties	Formally a Blue Shield Promise Plan
\$0 premium plan and \$0 copay for primary care office visits. Plan includes over-the-counter-items allowance <sup>5</sup> , transportation to your doctor <sup>3</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, and dental services <sup>2</sup> .	This plan is designed for beneficiaries looking for a great value MAPD plan and strong ancillary benefits with access to the Blue Shield network. This plan has a higher out-of-pocket maximum and offers vision allowance and comprehensive dental with Delta Dental.
Blue Shield 65 Plus <sup>SM</sup> Plan 2 (HMO) - Los Angeles & Orange Counties	Our Classic Plan
\$0 premium plan and \$0 copay for primary care office visits. Plan includes transportation to your doctor <sup>3</sup> , dental services <sup>2</sup> , and SilverSneakers <sup>®</sup> fitness and wellness programs.	This plan is designed for beneficiaries looking for essential ancillary benefits and a large network of providers in a good value MAPD plan.
	Blue Shield Enhanced (HMO) - Los Angeles & Orange Counties \$47 premium plan and \$0 copay for primary care office visits. Plan includes supplemental erectile dysfunction (ED) drug coverage, transportation to your doctor³, chiropractic services², dental services², hearing aids, and home meal delivery⁴.  Blue Shield AdvantageOptimum Plan (HMO) - Los Angeles & Orange Counties \$0 premium plan and \$0 copay for primary care office visits. Plan includes over-the- counter-items allowance⁵, transportation to your doctor³, SilverSneakers® fitness and wellness programs, and dental services².  Blue Shield 65 Plus SM Plan 2 (HMO) - Los Angeles & Orange Counties \$0 premium plan and \$0 copay for primary care office visits. Plan includes transportation to your doctor³, dental services², and SilverSneakers® fitness and



## Footnotes

- 1. Tier 3 drugs at a network pharmacy with preferred cost-sharing (30-day supply).
- Non-Medicare covered.
- 3. For non-emergency, plan-approved health related locations within the plan service area.
- 4. For individuals upon discharge from an inpatient hospital or skilled nursing facility. Includes 22 meals and 10 snacks per discharge. Coverage is limited to two discharges per year.
- 5. Two-time use per quarter allowance for eligible items. Unused allowance cannot be rolled over into the next quarter/month.

Only plans and counties that can accept enrollments in 2024 are shown. Limitations may apply. Benefits vary by county and plan. Please refer to Summary of Benefits for details. Blue Shield 65 Plus is a service mark of Blue Shield of California. SilverSneakers® is a registered trademark of Tivity Health, Inc. © 2023 Tivity Health, Inc. All rights reserved. Other providers are available in our network.

Blue Shield of California is an HMO and HMO D-SNP plan with a Medicare contract and a contract with the California State Medicaid Program. Enrollment in Blue Shield of California depends on contract renewal. Blue Shield of California is an independent member of the Blue Shield Association. The company complies with applicable state laws and federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, ethnic group identification, medical condition, genetic information, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, mental disability, or physical disability.



## 2024 Los Angeles County

- Huntington Memorial
- Torrance Memorial Medical Center
- Providence Network
- Saint Joseph Medical Center
- PIH Health Whittier/Downey
- Cedars-Sinai Medical Center
- Long Beach Memorial Medical Center
- Lakewood Regional Medical Center
- St. Mary's Medical Center
- Providence Holy Cross Medical Center
- Glendale Adventist Medical Center

- UCLA (Blue Shield Enhanced Plan)
- UCLA Medical Center (Blue Shield Enhanced Plan)
- Santa Monica UCLA Medical Center (Blue Shield Enhanced Plan)
- Cedars-Sinai Medical Group
- Cedars-Sinai Health Associates
- Heritage Provider Network
- Heritage Sierra Medical Group
- Allied Pacific IPA
- PIH Health Physicians
- Prospect Medical Group
- Providence Health Services

- Facey Medical Group
- St. John's Physician Partners
- Regal Medical Group
- High Desert Medical Group
- MemorialCare Medical Group
- Lakeside Medial Organization
- AltaMed Health Services
- Lakewood IPA
- Seoul Medical Group
- Korean American Medical Group
- Adventist Health Physicians
- Optum

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



## 2024 Orange County

- St. Jude Heritage/ Affiliated
- St. Joseph Heritage
- St. Joseph Hospital Affiliated Physicians
- Hoag Affiliated Medical Group
- Hoag Medical Group
- · Hoag Physicians Partners
- Heritage Provider Network
- Mission Heritage Medical Group

- Providence
- Greater Newport Physicians
- MemorialCare Med Group
- Regal/ ADOC Medical Group
- Optum
- Mission Hospital Affiliated Physicians
- Edinger Medical Group
- Anaheim Regional Medical Center

- Prospect Medical Group
- St. Joseph Hospital
- St. Jude Medical Center
- Hoag Memorial Hospital Presbyterian
- Saddleback Memorial Medical Center
- Orange Coast Memorial Medical Center
- Mission Hospital Regional Med Center
- Los Alamitos Medical Center
- Fountain Valley Regional Medical Center

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



# 2024 Orange & San Diego Counties Blue Shield Select (PPO)

- Hoag Memorial Hospital
- Scripps Memorial Hospital
- Huntington Memorial
- Torrance Memorial Medical Center
- Providence Network
- Saint Joseph Medical Center
- PIH Health Whittier/Downey
- Cedars-Sinai Medical Center
- Long Beach Memorial Medical Center
- Lakewood Regional Medical Center

- Providence St. Joseph Hospital
- Sharp Memorial Hospital
- UCSD Med Center
- UC Irvine Med Center
- St. Jude Medical Center
- Hoag Memorial Hospital Presbyterian
- Saddleback Memorial Medical Center
- Orange Coast Memorial Medical Center
- Mission Hospital Regional Med Center

- Anaheim Regional Medical Center
- Glendale Adventist Medical Center
- St. Mary's Medical Center
- Providence Holy Cross Medical Center
- Los Alamitos Medical Center
- Fountain Valley Regional Medical Center

 $<sup>{}^*\</sup>text{Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.}$ 

San Diego County



San Diego County

	San Diego County	
	Plan Name and Counties	Who might fit best in this plan
1	Blue Shield 65 Plus <sup>SM</sup> (HMO) - San Diego County	Our Lead Plan
	\$0 premium plan and \$3,800 annual maximum out-of-pocket. Plan includes Over-the-counter items allowance <sup>3</sup> , transportation to your doctor <sup>4</sup> , personal emergency response system, chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, and dental services <sup>2</sup> .	Beneficiaries looking for a good balance of ancillary benefits, out-of-pocket costs, and access to a large network of providers in a highly rated MAPD plan. This plan allows you to cross county lines.
2	Blue Shield TotalDual Plan (HMO D-SNP) - San Diego & Los Angeles Counties	
	Plan includes including over-the-counter items allowance <sup>3</sup> , transportation to your doctor <sup>4</sup> , personal emergency response system, chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, dental services <sup>2</sup> , hearing aids, home meal delivery <sup>5</sup> . IHSS benefits remain independent of the plan.	This is an exclusively aligned plan that designed for full dual eligible for Medicare and Medi-Cal beneficiaries. This plan assists with covering traditional Medicare costs with robust ancillary benefits. Beneficiaries will have access to dedicated Customer Care personnel who are trained to answer both Medicare and Medi-Cal questions and provides care coordination. The plan offers access to the full Blue Shield network except for Scripps Clinic and Scripps Coastal and offers comprehensive dental with Delta Dental.
3	Blue Shield AdvantageOptimum Plan 1 (HMO) - San Diego County	Formally a Blue Shield Promise Plan
	\$0 premium plan and \$10copay for primary care office visits. Plan includes Over-the-counter items allowance, transportation to your doctor, SilverSneakers® fitness and wellness programs, and dental services.	Beneficiaries looking for a rich MAPD plan with ancillary benefits and access to Blue Shield's network and has embedded Delta Dental and vision allowance. The plan offers access to the full Blue Shield network except for Scripps Clinic and Scripps Costal and offers comprehensive dental with Delta Dental.
4	Blue Shield Select (PPO) - San Diego & Orange Counties	PPO Plan
	\$67 premium plan and includes including over-the-counter-items allowance <sup>3</sup> , chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, and preventive and diagnostic dental services <sup>2</sup> .	This plan is an excellent option for those looking for provider flexibility and willing to pay a low monthly premium to get ancillary benefits without additional medical or Rx deductibles. This plan allows beneficiaries to see the Blue Shield MA-PPO network providers statewide. The plan also includes out-of-network benefits.



## **Footnotes**

- 1. Tier 3 drugs at a network pharmacy with preferred cost-sharing (30-day supply).
- 2. Non-Medicare covered.
- 3. For non-emergency, plan-approved health related locations within the plan service area.
- 4. For individuals upon discharge from an inpatient hospital or skilled nursing facility. Includes 22 meals and 10 snacks per discharge. Coverage is limited to two discharges per year.
- 5. Two-time use per quarter allowance for eligible items. Unused allowance cannot be rolled over into the next quarter/month.

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Blue Shield of California is an HMO and HMO D-SNP plan with a Medicare contract and a contract with the California State Medicaid Program. Enrollment in Blue Shield of California depends on contract renewal. Blue Shield of California is an independent member of the Blue Shield Association. The company complies with applicable state laws and federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, ethnic group identification, medical condition, genetic information, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, mental disability, or physical disability.



## 2024 San Diego County

- Scripps Clinic Medical Group\*\*
- Scripps Coastal Medical Center\*\*
- Scripps Physicians Medical Group
- Golden Physicians Medical Group
- Greater TRI-Cities IPA
- Primary Care Associates of California
- Vantage Medical Group
- Mercy Physicians Medical Group, Inc

- Paradise Valley Hospital
- Scripps Memorial Hospital Encinitas
- Scripps Mercy Hospital
- Scripps Green Hospital
- Scripps Memorial Hospital
- Palomar Medical Center
- Pomerado Hospital
- FQHC Clinics

- Vibra Hospital of San Diego
- Kindred Hospital San Diego
- Scripps Mercy Hospital Chula Vista Paradise Valley Hospital
- Palomar Medical Center
- Alvarado Hospital LLC
- Tri City Medical Center

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time. \*\* only accepts Blue Shield 65 Plus \*\*



# 2024 Orange & San Diego Counties Blue Shield Select (PPO)

- Hoag Memorial Hospital
- Scripps Memorial Hospital
- Huntington Memorial
- Torrance Memorial Medical Center
- Providence Network
- Saint Joseph Medical Center
- PIH Health Whittier/Downey
- Cedars-Sinai Medical Center
- Long Beach Memorial Medical Center
- Lakewood Regional Medical Center

- Providence St. Joseph Hospital
- Sharp Memorial Hospital
- UCSD Med Center
- UC Irvine Med Center
- St. Jude Medical Center
- Hoag Memorial Hospital Presbyterian
- Saddleback Memorial Medical Center
- Orange Coast Memorial Medical Center
- Mission Hospital Regional Med Center

- Anaheim Regional Medical Center
- Glendale Adventist Medical Center
- St. Mary's Medical Center
- Providence Holy Cross Medical Center
- Los Alamitos Medical Center
- Fountain Valley Regional Medical Center

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.

San Luis Obispo Santa Barbara Kern Counties



San Luis, Obispo Santa Barbara, and Kern Counties

	San Lois, Obispo Santa Barbara, and Rem Coonties	
	Plan Name and Counties	Who might fit best in this plan
1	Blue Shield 65 Plus SM (HMO) - San Luis Obispo & Santa Barbara Counties	
	\$62 premium plan and \$0 copay for primary care office visits. Plan includes over-the-counter items allowance <sup>3</sup> , chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, hearing aids, and dental services <sup>2</sup>	Beneficiaries looking for a good value MAPD plan and access to Blue Shield's network that allows you to cross county lines with ancillary benefits, including new supplemental erectile dysfunction (ED) drug coverage, PPO dental with routine coverage, and vision.
2	Blue Shield 65 Plus <sup>SM</sup> (HMO) – Kern County	
	\$0 premium plan and \$0 copay for primary care office visits. Plan includes over-the-counter items allowance <sup>3</sup> , chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs.	Beneficiaries looking for a MAPD plan and access to Blue Shield's network that allows you to cross county lines with ancillary benefits and over-the-counter items allowance.



## **Footnotes**

- Tier 3 drugs at a network pharmacy with preferred cost-sharing (30-day supply).
- 2. Non-Medicare covered.
- 3. For non-emergency, plan-approved health related locations within the plan service area.
- 4. For individuals upon discharge from an inpatient hospital or skilled nursing facility. Includes 22 meals and 10 snacks per discharge. Coverage is limited to two discharges per year.
- 5. Two-time use per quarter allowance for eligible items. Unused allowance cannot be rolled over into the next quarter/month.

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## 2024 San Luis Obispo & Santa Barbara Counties

- Coastal Communities Provider Network
- Physicians Choice Medical Group of San Luis Obispo
- Sansum Clinic
- Santa Barbara Select IPA

- Cottage Hospital
- Marian Regional Medical Center
- Arroyo Grande Community Hospital
- French Hospital Medical Center

- Lompoc Medical Group / North
- Santa Barbara Medicare BSC Admin

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



## 2024 Kern County

#### **MAPD Provider Network**

- Bakersfield Family Medical Group
- QualCare IPA

- Bakersfield Memorial Hospital
- Mercy Hospital Bakersfield

 Dignity Health Medical Network – Central California (formerly GEMCare Medical Group)

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.

Riverside
San Bernardino
Counties



Riverside and San Bernardino Counties

	Plan Name and Counties	Who might fit best in this plan	
1	Blue Shield 65 Plus SM Choice Plan (HMO) - San Bernardino & Riverside Counties		
	\$0 premium plan and \$0 copay for primary care office visits. Plan includes transportation to your doctor <sup>3</sup> , personal emergency response system, chiropractic services <sup>2</sup> , SilverSneakers <sup>®</sup> fitness and wellness programs, hearing aids, and dental services <sup>2</sup> .	Beneficiaries looking for a MAPD plan with a good balance of ancillary benefits and access to Blue Shield's robust network within the plan's counties.	
2	Blue Shield 65 Plus <sup>SM</sup> (HMO) - San Bernardino County		
	\$0 premium plan and \$0 copay for primary care office visits. Plan includes SilverSneakers® fitness and wellness programs, and dental services <sup>2</sup>	Beneficiaries looking for a MAPD plan with ancillary benefits including dental services and hearing aids. This plan also allows you to access Blue Shield's network cross county lines.	
3	Blue Shield 65 Plus <sup>SM</sup> (HMO) – Riverside County		
	\$0 premium plan and \$0 copay for primary care office visits. Plan includes including SilverSneakers® fitness and wellness programs.	Beneficiaries looking for a MAPD plan with ancillary benefits and access to Blue Shield's network that allows you to cross county lines.	



## Footnotes

- Tier 3 drugs at a network pharmacy with preferred cost-sharing (30-day supply).
- 2. Non-Medicare covered.
- 3. For non-emergency, plan-approved health related locations within the plan service area.
- 4. For individuals upon discharge from an inpatient hospital or skilled nursing facility. Includes 22 meals and 10 snacks per discharge. Coverage is limited to two discharges per year.
- 5. Two-time use per quarter allowance for eligible items. Unused allowance cannot be rolled over into the next quarter/month.

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## 2024 San Bernardino County

- Optum
- Choice Medical Group
- Dignity Health Medical Group
- Heritage Victor Valley Medical Group
- PrimeCare Medical Group
- Guardian IPA
- My Family Medical Group

- Vantage Medical Group
- St Mary High Desert Medical Group
- Alpha Care Medical Group
- Heritage-Regal Medical Group

- Valley Physicians Network
- San Antonio Community Hospital
- Doctors Hospitals of Riverside

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



## 2024 Riverside County

- Optum Riverside (RPN)
- Hemet Community Medical Group
- PrimeCare Medical Group
- Regal Medical Group Riverside
- Heritage Provider Network
- Desert Oasis Medical Group
- Optum Desert Cities (formerly Empire Physicians) Medical Group
- Vantage Medical Group
- Alpha Care Medical Group
- Primary Care Associates of California IPA

- Valley Physicians Network
- Imperial Health Plan of Ca, Inc.
- John F. Kennedy Memorial Hospital
- Hemet Global Medical Center
- Menifee Valley Medical Center

- Doctors Hospital of Riverside
- Riverside Community Hospital
- Kindred Hospital

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.

# Bay Area

- Alameda
- San Mateo
- Santa Clara

# Central Valley

- San Joaquin
- Stanislaus
- Merced



#### **Central Valley**

Plan Name and Counties Who might fit best in this plan

#### Blue Shield Inspire (HMO) - San Joaquin, Stanislaus, Merced & Santa Clara Counties

\$22 premium plan and \$0 copay primary care office visits and a \$0 copay specialist visit. Plan includes SSBCI Independence and Safe Mobility with AAA<sup>2</sup>, and SilverSneakers® fitness and wellness programs, over-the-counter items allowance<sup>4</sup>, chiropractic services<sup>3</sup>, eye exam<sup>3</sup>, frame and lenses/contact lenses allowance. Hearing exam<sup>3</sup>, Doctors On Call services 24/7 by phone or video with \$0 copay, and worldwide emergency coverage (No annual limit).

Beneficiaries looking for a MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield's robust network of many popular providers and maintains a large amount of Community Hospitals in the network.

#### <sup>2</sup> Blue Shield Inspire (HMO D-SNP) - San Joaquin, Merced, & Stanislaus County

\$0 premium plan and \$0 copay primary care office visits and a \$0 copay specialist visit. Plan includes SSBCI Independence and Safe Mobility with AAA<sup>2</sup>, and SilverSneakers<sup>®</sup> fitness and wellness programs, over-the-counter items allowance<sup>4</sup>, transportation to your doctor<sup>5</sup>, chiropractic services<sup>3</sup>, hearing aids, dental services<sup>3</sup>, personal emergency response system.

This plan is designed for beneficiaries that are full dual eligible for Medicare and Medi-Cal. This plan assists with covering traditional Medicare costs with robust ancillary benefits. Beneficiaries will have access to dedicated Customer Care personnel who are trained to answer both Medicare and Medi-Cal questions and provides care coordination. The plan offers access to the full Blue Shield network except for Sutter Health and offers comprehensive dental with Delta Dental.



#### Bay Area

Plan Name and Counties Who might fit best in this plan

#### Blue Shield Inspire (HMO) - San Joaquin, Stanislaus, Merced & Santa Clara Counties

\$22 premium plan and \$0 copay primary care office visits and a \$0 copay specialist visit. Plan includes SSBCI Independence and Safe Mobility with AAA<sup>2</sup>, and SilverSneakers® fitness and wellness programs, over-the-counter items allowance<sup>4</sup>, chiropractic services<sup>3</sup>, eye exam<sup>3</sup>, frame and lenses/contact lenses allowance. Hearing exam<sup>3</sup>, Doctors On Call services 24/7 by phone or video with \$0 copay, and worldwide emergency coverage (No annual limit).

Beneficiaries looking for a MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield's robust network of many popular providers and maintains a large amount of Community Hospitals in the network.

#### <sup>2</sup> Blue Shield Inspire (HMO) - Alameda and San Mateo Counties

\$28 premium plan and \$0 copay primary care office visits and a \$0 copay specialist visit. Plan includes SSBCI Independence and Safe Mobility with AAA<sup>2</sup>, and SilverSneakers<sup>®</sup> fitness and wellness programs, over-the-counter items allowance<sup>4</sup>, transportation to your doctor<sup>5</sup>, chiropractic services<sup>3</sup>, hearing aids, dental services<sup>3</sup>, personal emergency response system.

Beneficiaries looking for a MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield's robust network of many popular providers and maintains a large amount of Community Hospitals in the network.

#### Blue Shield Select (PPO) - Alameda County

\$67 premium plan and includes SSBCI Independence and Safe Mobility with AAA<sup>2</sup>, over-the-counter-items allowance<sup>4</sup>, chiropractic services<sup>3</sup>, SilverSneakers® fitness and wellness programs, preventive and diagnostic dental services<sup>3</sup>, Doctors On Call services 24/7 by phone or video with \$0 copay, and worldwide emergency coverage (No annual limit).

This plan is an excellent option for those looking for provider flexibility and willing to pay a low monthly premium to get ancillary benefits without additional medical or Rx deductibles. This plan allows beneficiaries to see the Blue Shield MA-PPO network providers statewide. The plan also includes out-of-network benefits.



## Footnotes

- 1. Tier 3 drugs at a network pharmacy with preferred cost-sharing (30-day supply).
- 2. Non-Medicare covered.
- 3. For non-emergency, plan-approved health related locations within the plan service area.
- 4. For individuals upon discharge from an inpatient hospital or skilled nursing facility. Includes 22 meals and 10 snacks per discharge. Coverage is limited to two discharges per year.
- 5. Two-time use per quarter allowance for eligible items. Unused allowance cannot be rolled over into the next quarter/month.

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## 2024 Central Valley

- AllCare IPA
- Hill Physicians San Joaquin
- First Choice Medical Group
- Central Valley Medical Providers, Inc.
- Choice Physicians Network

- Dameron Hospital
- St Josephs Med Center Stockton
- Doctors Medical Center
- Sutter Health San Joaquin & Stanislaus

- Adventist Health Lodi Memorial Hospital
- Mercy Medical Center Merced
- Memorial Hospital Los Banos
- Memorial Hospital Medical Center

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



## 2024 Alameda, San Mateo, & Santa Clara

- Brown & Toland Physicians
- PAMF Mills Peninsula Division
- Hill Physicians Medical Group
- Physicians Medical Group-San Jose (PMG)
- Santa Clara County IPA

- Washington Hospital
- Alta Bates Summit Medical Center Sutter
- Eden Medical Center-Sutter
- BHC Fremont Hospital
- Alameda Hospital
- San Leandro Hospital
- Mills-Peninsula Medical Center
- Mills Health Center

- Good Samaritan Hospital San Jose
- O'Conner Hospital
- Regional Medical Center of San Jose
- El Camino Hospital
- Memorial Hospital Medical Center

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



# 2024 Alameda County Blue Shield Select (PPO)

- Alta Bates Med Center Herrick Campus
- Alta Bates Summit Med Center
- Alta Bates Summit Med Center Campus

- Alameda Hospital
- San Leandro Hospital
- Washington Hospital

- Eden Med Center
- Highland Hospital
- Kindred Hospital San Francisco Bay Area

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.