

# 2020

Addendum to/Suplemento Al  
**Provider Directory**  
Directorio de proveedores  
de 2020

County/Condado: Los Angeles  
South Bay

Please refer to your 2020 Provider Directory, for important plan information, as well as a listing of additional Blue Shield of California Promise Health Plan providers. This Addendum is a list of updates of provider information for the month of November 2020. The hardcopy provider directory and addendum together are the most up to date provider information. You can also visit [www.blueshieldca.com/promise/medicare](http://www.blueshieldca.com/promise/medicare) or call at the telephone number below for provider information.

Blue Shield of California Promise Health Plan Customer Care operations  
1-800-544-0088 (TTY 711) From 8 a.m. to 8 p.m., seven days a week, from Oct. 1st – Mar. 31st and 8 a.m.– 8 p.m. weekdays, from Apr. 1st – Sept. 30th.

Por favor consulte su Directorio de Proveedores complementarios 2020, para información importante sobre su plan, al igual que la lista de proveedores adicionales para el plan Blue Shield of California Promise Health Plan. Este apéndice consiste en una lista de actualizaciones de la información sobre los proveedores para el mes de noviembre del 2020. El directorio de proveedores y el apéndice en papel contienen la información más actualizada sobre los proveedores. También puede visitar [www.blueshieldca.com/promise/medicare](http://www.blueshieldca.com/promise/medicare) o llamar a Servicios para Miembros de Blue Shield of California Promise Health Plan al número de teléfono a continuación para información sobre los proveedores complementarios.

Servicios para Miembros de Blue Shield of California Promise Health Plan:  
1-800-544-0088 (TTY 711) de 8:00 a.m. a 8:00 p.m., siete días a la semana, del 1 de octubre al 31 de marzo y de 8:00 a.m. a 8:00 p.m. de lunes a viernes, desde el 1 de abril hasta el 30 de septiembre.

Este suplemento fue actualizado en noviembre del 2020.  
This addendum is current as of November 2020.



Promise Health Plan



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# LOS ANGELES COUNTY MEDICAL GROUPS

## APPLECARE MEDICAL GROUP- SELECT

### PRIMARY CARE PHYSICIANS

#### Internal Medicine

#### INGLEWOOD

##### Levin, Robert MD

2220 W Manchester Blvd  
Inglewood, CA 90305-2514  
(310) 644-8400

Provider ID: 100359752010  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### LAWNDALE

##### Levin, Robert MD

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752011  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added. Effective\_Date: 12-OCT-20**

##### Levin, Robert MD

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752011  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### LONG BEACH

##### Allswang, Barry MD

1045 Atlantic Ave Ste 506  
Long Beach, CA 90813-3414  
(562) 491-9456

Provider ID: 100038210033  
Accepting New Patients: No  
Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

#### Medical Oncology

#### INGLEWOOD

##### Levin, Robert MD

2220 W Manchester Blvd  
Inglewood, CA 90305-2514  
(310) 644-8400

Provider ID: 100359752010

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**All Providers in this provider directory accept both Medicare and Medicaid.**

(\*\*) Provides TeleServices Only (\*)CNP: Certified Nurse Practitioners, NP: Nurse Practitioners, PA: Physician's Assistant, CNM: Certified Nurse Midwives, CNS: Certified Nursing Specialist

**Accessibility code explanations:** "SR" This information is self reported by the provider. Blue Shield of California Promise Health Plan has not verified this information. The presence of the following codes indicates the provider location is accessible with this area. P: parking, EB: Exterior Building, IB: Interior Building E: Exam Room R: Restroom T: Exam Table/Scale W: Wheelchair ME Medical Equipment

**LOS ANGELES COUNTY MEDICAL GROUPS**  
**APPLECARE MEDICAL GROUP- SELECT**

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Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

**LAWNDALE**

**Levin, Robert MD**

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752011

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

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**demographic, phone and/or panel status.**

**Levin, Robert MD**

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752011

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added. Effective\_Date: 12-OCT-20**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## APPLECARE MEDICAL GROUP-ST FRANCIS

### PRIMARY CARE PHYSICIANS

#### Internal Medicine

#### INGLEWOOD

##### Levin, Robert MD

2220 W Manchester Blvd  
Inglewood, CA 90305-2514  
(310) 644-8400

Provider ID: 100359752009  
Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### LAWNDALE

##### Levin, Robert MD

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752012  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added. Effective\_Date: 12-OCT-20**

##### Levin, Robert MD

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752012  
Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### SPECIALISTS

Members may not self-refer to

any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

#### Oncology Medical

##### Levin, Robert MD

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752012

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added. Effective\_Date: 12-OCT-20**

##### Levin, Robert MD

4253 Redondo Beach Blvd  
Lawndale, CA 90260-3341  
(310) 370-5888

Provider ID: 100359752012

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

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# LOS ANGELES COUNTY MEDICAL GROUPS

## APPLECARE MEDICAL GROUP-ST FRANCIS

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# LOS ANGELES COUNTY MEDICAL GROUPS

## CAL-CARE IPA

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### SPECIALISTS

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### Medical Oncology

#### INGLEWOOD

##### **Levin, Robert MD**

2220 W Manchester Blvd  
Inglewood, CA 90305-2514  
(310) 644-8400

Provider ID: 100359752004

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## EL PROYECTO DEL BARRIO

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### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

### Ophthalmology

#### BEVERLY HILLS

#### **Tabandeh, Homayoun MD**

9001 Wilshire Blvd Ste 301  
Beverly Hills, CA 90211-1841  
(818) 548-1635

Provider ID: 100105848157

Accepting New Patients: No

Hours: M-SA 9AM-5PM

Other Language: Armenian,  
Chinese, Faroese, Farsi,  
Korean, Mandarin, Russian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## GLOBAL CARE MEDICAL GROUP

### PRIMARY CARE PHYSICIANS

#### General Practice

#### GARDENA

##### **Bereliani, Arash MD**

1030 W Gardena Blvd  
Gardena, CA 90247-4956  
(424) 222-8800

Provider ID: 100073674036

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Armenian, Farsi, Hindi, Russian, Spanish, Tagalog

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

#### Cardiovascular Disease

#### TORRANCE

##### **Bharadia, Juma MD**

22617 Hawthorne Blvd  
Torrance, CA 90505-2510  
(310) 378-3993

Provider ID: 100107637035

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Farsi, Gujarati, Hindi, Kannada, Sindhi, Spanish, Swahili, Tagalog

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### Ophthalmology

#### BEVERLY HILLS

##### **Tabandeh, Homayoun MD**

9001 Wilshire Blvd Ste 301  
Beverly Hills, CA 90211-1841  
(818) 548-1635

Provider ID: 100105848154

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Armenian, Chinese, Faroese, Farsi, Korean, Mandarin, Russian, Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### Physicians Assistant

#### LONG BEACH

##### **Salazar, Gabriel PA**

3828 Schaufele Ave Ste 340  
Long Beach, CA 90808-1793  
(657) 241-9051

Provider ID: 100335717003

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

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# LOS ANGELES COUNTY MEDICAL GROUPS

## GLOBAL CARE MEDICAL GROUP

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**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## HEALTH CARE LA IPA

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

### Cardiovascular Disease

#### TORRANCE

#### **Bharadia, Juma MD**

22617 Hawthorne Blvd  
Torrance, CA 90505-2510  
(310) 378-3993  
Provider ID: 100107637032  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Farsi,  
Gujarati, Hindi, Kannada,  
Sindhi, Spanish, Swahili,  
Tagalog  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.  
**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### **Younes, Basil DO**

4201 Torrance Blvd Ste 420  
Torrance, CA 90503-4590  
(310) 540-1953  
Provider ID: 100173395039  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Arabic,  
Spanish  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.  
**UPDATE: NEW Provider Added.**  
**Effective\_Date: 09-OCT-20**

For more information, please call Blue Shield of California Promise Health Plan at 1-800-544-0088, (TTY: 711), 8 a.m. to 8 p.m., seven days a week, from Oct. 1st - Mar. 31st and 8 a.m. - 8 p.m. weekdays, from Apr. 1st - Sept. 30th. **This list is subject to change.**

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**LOS ANGELES COUNTY MEDICAL GROUPS  
HEALTHCARE PARTNERS MEDICAL GROUP - DEL AMO**

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**SPECIALISTS**

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

**Obstetrics / Gynecology**

**SAN PEDRO**

**Mccann, Stephen MD**

1300 W 6th St Ste 1a  
San Pedro, CA 90732-3531  
(310) 792-2060

Provider ID: 100047313023

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added.**

**Effective\_Date: 23-OCT-20**

**Mccann, Stephen MD**

1300 W 6th St Ste 1a  
San Pedro, CA 90732-3531  
(310) 792-2060

Provider ID: 100047313023

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## HERITAGE-LAKESIDE MEDICAL GROUP LA

### PRIMARY CARE PHYSICIANS

#### Internal Medicine

#### BEVERLY HILLS

##### De Paiva, Helder MD

99 N La Cienega Blvd Ste 302  
Beverly Hills, CA 90211-2283  
(310) 205-2595

Provider ID: 100341925010

Accepting New Patients: No

Hours: M-SA 9AM-5PM

Other Language: Portuguese

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### INGLEWOOD

##### Maxey, Randall MD

447 N Prairie Ave  
Inglewood, CA 90301-1413  
(310) 680-1810

Provider ID: 100032376019

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: French, Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

#### Cardiovascular Disease

#### TORRANCE

##### Bharadia, Juma MD

22617 Hawthorne Blvd  
Torrance, CA 90505-2510  
(310) 378-3993

Provider ID: 100107637040

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Farsi, Gujarati, Hindi, Kannada, Sindhi, Spanish, Swahili, Tagalog

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### Nephrology

#### BEVERLY HILLS

##### De Paiva, Helder MD

99 N La Cienega Blvd Ste 302  
Beverly Hills, CA 90211-2283  
(310) 205-2595

Provider ID: 100341925010

Accepting New Patients: No  
Hours: M-SA 9AM-5PM

Other Language: Portuguese

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

For more information, please call Blue Shield of California Promise Health Plan at 1-800-544-0088, (TTY: 711), 8 a.m. to 8 p.m., seven days a week, from Oct. 1st - Mar. 31st and 8 a.m. - 8 p.m. weekdays, from Apr. 1st - Sept. 30th. **This list is subject to change.**

**All Providers in this provider directory accept both Medicare and Medicaid.**

(\*\*) Provides TeleServices Only (\*)CNP: Certified Nurse Practitioners, NP: Nurse Practitioners, PA: Physician's Assistant, CNM: Certified Nurse Midwives, CNS: Certified Nursing Specialist

**Accessibility code explanations:** "SR" This information is self reported by the provider. Blue Shield of California Promise Health Plan has not verified this information. The presence of the following codes indicates the provider location is accessible with this area. P: parking, EB: Exterior Building, IB: Interior Building E: Exam Room R: Restroom T: Exam Table/Scale W: Wheelchair ME Medical Equipment

# LOS ANGELES COUNTY MEDICAL GROUPS

## HERITAGE-REGAL MEDICAL GROUP LA

### PRIMARY CARE PHYSICIANS

#### Internal Medicine

#### BEVERLY HILLS

##### De Paiva, Helder MD

99 N La Cienega Blvd Ste 302  
Beverly Hills, CA 90211-2283  
(310) 205-2595

Provider ID: 100341925011

Accepting New Patients: No

Hours: M-SA 9AM-5PM

Other Language: Portuguese

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### INGLEWOOD

##### Maxey, Randall MD

447 N Prairie Ave  
Inglewood, CA 90301-1413  
(310) 680-1810

Provider ID: 100032376018

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: French,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

#### Cardiovascular Disease

#### TORRANCE

##### Bharadia, Juma MD

22617 Hawthorne Blvd  
Torrance, CA 90505-2510  
(310) 378-3993

Provider ID: 100107637028

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Farsi,  
Gujarati, Hindi, Kannada,  
Sindhi, Spanish, Swahili,  
Tagalog

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### Nephrology

#### BEVERLY HILLS

##### De Paiva, Helder MD

99 N La Cienega Blvd Ste 302  
Beverly Hills, CA 90211-2283  
(310) 205-2595

Provider ID: 100341925011

Accepting New Patients: No  
Hours: M-SA 9AM-5PM

Other Language: Portuguese

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

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LOS ANGELES COUNTY MEDICAL GROUPS  
HERITAGE-REGAL MEDICAL GROUP LA

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Radiology Diagnostic

SANTA MONICA

**Krasny, Robert MD**

2336 Santa Monica Blvd Ste  
206

Santa Monica, CA 90404-2938  
(310) 315-1000

Provider ID: 100059416019

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
LAKEWOOD IPA - ALAMITOS IPA

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**PRIMARY CARE PHYSICIANS**

Internal Medicine

**LONG BEACH**

**Allswang, Barry MD**

1045 Atlantic Ave Ste 506

Long Beach, CA 90813-3414

(562) 491-9456

Provider ID: 100038210031

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
LAKEWOOD IPA - BROOKSHIRE

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**PRIMARY CARE PHYSICIANS**

Internal Medicine

**LONG BEACH**

**Allswang, Barry MD**

1045 Atlantic Ave Ste 506  
Long Beach, CA 90813-3414  
(562) 491-9456

Provider ID: 100038210025

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
LAKEWOOD IPA - ST MARY

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**PRIMARY CARE PHYSICIANS**

Internal Medicine

**LONG BEACH**

**Allswang, Barry MD**

1045 Atlantic Ave Ste 506  
Long Beach, CA 90813-3414  
(562) 491-9456

Provider ID: 100038210026

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
LAKEWOOD IPA

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**PRIMARY CARE PHYSICIANS**

Internal Medicine

**LONG BEACH**

**Allswang, Barry MD**

1045 Atlantic Ave Ste 506  
Long Beach, CA 90813-3414  
(562) 491-9456

Provider ID: 100038210024

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## LOS ANGELES MEDICAL CENTER IPA

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

### Medical Oncology

#### INGLEWOOD

##### **Levin, Robert MD**

2220 W Manchester Blvd  
Inglewood, CA 90305-2514  
(310) 644-8400

Provider ID: 100359752005  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Nigerian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### Ophthalmology

#### LAKWOOD

##### **Khanna, Sandeep MD**

5750 Downey Ave Ste 101  
Lakewood, CA 90712-1536  
(562) 866-8293

Provider ID: N/A  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Hindi,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

##### **Khanna, Sandeep MD**

5750 Downey Ave Ste 101  
Lakewood, CA 90712-1536  
(562) 866-8293

Provider ID: N/A  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Hindi,  
Spanish  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there

is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added.  
Effective\_Date: 27-OCT-20**

For more information, please call Blue Shield of California Promise Health Plan at 1-800-544-0088, (TTY: 711), 8 a.m. to 8 p.m., seven days a week, from Oct. 1st - Mar. 31st and 8 a.m. - 8 p.m. weekdays, from Apr. 1st - Sept. 30th. **This list is subject to change.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## OPTUM - CARSON

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

### Obstetrics / Gynecology

#### CARSON

#### **Rosenthal, Marc MD**

824 E Carson St Ste 102

Carson, CA 90745-2262

(310) 233-3216

Provider ID: 100017313017

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Italian,

Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
OPTUM - REDONDO BEACH

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**PRIMARY CARE PHYSICIANS**

Family Practice

**REDONDO BEACH**

**Groves, David MD**

502 Torrance Blvd  
Redondo Beach, CA  
90277-3413

(310) 316-0811

Provider ID: 100361634007

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## OPTUM CARE NETWORK - LITTLE CO OF MARY

### PRIMARY CARE PHYSICIANS

#### Family Practice

#### REDONDO BEACH

##### Groves, David MD

502 Torrance Blvd  
Redondo Beach, CA  
90277-3413  
(310) 316-0811

Provider ID: 100361634004

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### Internal Medicine

#### TORRANCE

##### Bastanmehr, Hiva MD

3701 Skypark Dr Ste 100  
Torrance, CA 90505-4712  
(310) 257-7297

Provider ID: 100151319033

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Farsi  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

#### Obstetrics / Gynecology

#### CARSON

##### Rosenthal, Marc MD

824 E Carson St Ste 102  
Carson, CA 90745-2262  
(310) 233-3216

Provider ID: 100017313013

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Italian, Spanish

Accessibility: B; Members are

urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### SAN PEDRO

##### Mccann, Stephen MD

1300 W 6th St Ste 1a  
San Pedro, CA 90732-3531  
(310) 792-2060

Provider ID: 100047313018

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added. Effective\_Date: 23-OCT-20**

##### Mccann, Stephen MD

1300 W 6th St Ste 1a  
San Pedro, CA 90732-3531  
(310) 792-2060

Provider ID: 100047313018

For more information, please call Blue Shield of California Promise Health Plan at 1-800-544-0088, (TTY: 711), 8 a.m. to 8 p.m., seven days a week, from Oct. 1st - Mar. 31st and 8 a.m. - 8 p.m. weekdays, from Apr. 1st - Sept. 30th. **This list is subject to change.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
OPTUM CARE NETWORK - LITTLE CO OF MARY

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Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Spanish  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

Optometrist

**Lee, Juliane OD**  
1360 W 6th St Ste 165-west  
San Pedro, CA 90732-3514  
(800) 898-2020  
Provider ID: 100062848106  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Armenian, Cantonese, Korean, Spanish  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or**

**panel status.**

**TORRANCE**

**Lee, Juliane OD**  
3440 Lomita Blvd Ste 100  
Torrance, CA 90505-4810  
(800) 898-2020  
Provider ID: 100062848105  
Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM  
Other Language: Armenian, Cantonese, Korean, Spanish  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
OPTUM CARE NETWORK - LONG BEACH

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**PRIMARY CARE PHYSICIANS**

Internal Medicine

**LONG BEACH**

**Allswang, Barry MD**

1045 Atlantic Ave Ste 506  
Long Beach, CA 90813-3414  
(562) 491-9456

Provider ID: 100038210043

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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**LOS ANGELES COUNTY MEDICAL GROUPS**  
**OPTUM CARE NETWORK - SOUTH BAY**

**PRIMARY CARE PHYSICIANS**

**Family Practice**

**REDONDO BEACH**

**Groves, David MD**

502 Torrance Blvd  
Redondo Beach, CA  
90277-3413

(310) 316-0811

Provider ID: 100361634005

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

Other Language: Farsi  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

**Internal Medicine**

**TORRANCE**

**Bastanmehr, Hiva MD**

3701 Skypark Dr Ste 100  
Torrance, CA 90505-4712  
(310) 257-7297

Provider ID: 100151319036

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

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**(\*\*)** Provides TeleServices Only **(\*)**CNP: Certified Nurse Practitioners, NP: Nurse Practitioners, PA: Physician's Assistant, CNM: Certified Nurse Midwives, CNS: Certified Nursing Specialist

**Accessibility code explanations:** "SR" This information is self reported by the provider. Blue Shield of California Promise Health Plan has not verified this information. The presence of the following codes indicates the provider location is accessible with this area. P: parking, EB: Exterior Building, IB: Interior Building E: Exam Room R: Restroom T: Exam Table/Scale W: Wheelchair ME Medical Equipment

LOS ANGELES COUNTY MEDICAL GROUPS  
PREFERRED IPA OF CALIFORNIA

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**SPECIALISTS**

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

**Pediatrics**

**BEVERLY HILLS**

**Tabandeh, Homayoun MD**

9001 Wilshire Blvd Ste 301  
Beverly Hills, CA 90211-1841  
(818) 548-1635

Provider ID: 100105848227

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Armenian,  
Chinese, Faroese, Farsi,  
Korean, Mandarin, Russian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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LOS ANGELES COUNTY MEDICAL GROUPS  
PRIMARY CARE ASSOCIATES OF CALIFORNIA

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**SPECIALISTS**

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

**Anesthesiology Pain Management**

**MARINA DEL REY**

**Bajaj, Akash MD**

13160 Mindanao Way Ste 300  
Marina Del Rey, CA  
90292-6393

(310) 482-6906

Provider ID: 100010027018

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## PROSPECT-SAN MIGUEL IPA

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### SPECIALISTS

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### Ophthalmology

#### BEVERLY HILLS

#### **Tabandeh, Homayoun MD**

9001 Wilshire Blvd Ste 301  
Beverly Hills, CA 90211-1841  
(818) 548-1635

Provider ID: 100105848229

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Armenian,  
Chinese, Faroese, Farsi,  
Korean, Mandarin, Russian,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

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# LOS ANGELES COUNTY MEDICAL GROUPS

## SEOUL MEDICAL GROUP

### SPECIALISTS

Members may not self-refer to any of the specialists listed below. To receive covered services from a specialist you must receive a referral from your primary care physician.

### Cardiovascular Disease

#### TORRANCE

##### **Hong, Gregory MD**

2055 Torrance Blvd Ste 1  
Torrance, CA 90501-2642  
(424) 358-1136

Provider ID: 100024790010

Accepting New Patients: No

Hours: M-SA 9AM-5PM

Other Language: Korean,  
Spanish

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### Ophthalmology

#### LONG BEACH

##### **Ung, Cindy MD**

4300 Long Beach Blvd Ste 300  
Long Beach, CA 90807-2008  
(562) 984-7024

Provider ID: 100361791004

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Chinese

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### TORRANCE

##### **Ung, Cindy MD**

2601 Airport Dr Ste 210  
Torrance, CA 90505-6132  
(310) 534-2209

Provider ID: 100361791007

Accepting New Patients: Yes

Hours: M-SA 9AM-5PM

Other Language: Chinese

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all

or most accessibility indicators are not present.

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# LOS ANGELES COUNTY MEDICAL GROUPS

## TORRANCE MEMORIAL IPA

### PRIMARY CARE PHYSICIANS

#### Family Practice

#### HERMOSA BEACH

##### Mejia, Matthew MD

705 Pier Ave Ste A  
Hermosa Beach, CA  
90254-3941

(310) 891-6708

Provider ID: 100347444009

Accepting New Patients: No  
Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: NEW Provider Added.  
Effective\_Date: 26-OCT-20**

##### Mejia, Matthew MD

705 Pier Ave Ste A  
Hermosa Beach, CA  
90254-3941

(310) 891-6708

Provider ID: 100347444009

Accepting New Patients: No  
Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all

or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

#### Internal Medicine

#### TORRANCE

##### Bastanmehr, Hiva MD

3701 Skypark Dr Ste 100  
Torrance, CA 90505-4712  
(310) 257-7297

Provider ID: 100151319028

Accepting New Patients: Yes  
Hours: M-SA 9AM-5PM

Other Language: Farsi  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

##### Rouhi Brojeni, Neda MD

3333 Skypark Dr Ste 100  
Torrance, CA 90505-5034  
(310) 784-6300

Provider ID: 100362064003

Accepting New Patients: No  
Hours: M-SA 9AM-5PM

Other Language: Farsi  
Accessibility: B; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### SPECIALISTS

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#### Obstetrics / Gynecology

##### Fluellen, Sunetris MD

2841 Lomita Blvd Ste 200  
Torrance, CA 90505-5110  
(310) 784-6822

Provider ID: 100362049003

Accepting New Patients: No  
Hours: M-SA 9AM-5PM

Accessibility: B; Members are urged to call the provider's office to discuss their specific

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# LOS ANGELES COUNTY MEDICAL GROUPS

## TORRANCE MEMORIAL IPA

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# LOS ANGELES COUNTY OUTPATIENT MENTAL HEALTH PROVIDERS

## LONG BEACH

### **Abjelina, Kenneth MD**

5199 E Pacific Coast Hwy Ste 330n

Long Beach, CA 90804-3353  
(562) 365-2020

Accepting New Patients: Yes  
Hours: M,TU,F 9AM-7PM, W 9AM-9PM, TH 9AM-8PM, SA 9AM-6PM

Other Language: Tagalog  
Accessibility: Members should call the provider's office to discuss their accessibility needs.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### **Abjelina, Kenneth MD**

5199 E Pacific Coast Hwy Ste 330n

Long Beach, CA 90804-3353  
(562) 365-2020

Accepting New Patients: Yes  
Hours: M-W,F 9AM-7PM, TH 9AM-8PM, SA 9AM-6PM

Other Language: Tagalog  
Accessibility: Members should call the provider's office to discuss their accessibility needs.

**UPDATE: There was a change in the provider record;**

**demographic, phone and/or panel status.**

### **Iskandar, Lucy MFT**

5199 E Pacific Coast Hwy Ste 330n

Long Beach, CA 90804-3353  
(562) 365-2020

Accepting New Patients: Yes  
Hours: M,TU,F 9AM-7PM, W 9AM-9PM, TH 9AM-8PM, SA 9AM-6PM

Other Language: Arabic  
Accessibility: Members should call the provider's office to discuss their accessibility needs.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### **Paramo, Melissa MFT**

5199 E Pacific Coast Hwy Ste 330n

Long Beach, CA 90804-3353  
(562) 365-2020

Accepting New Patients: Yes  
Hours: M,TU,F 9AM-7PM, W 9AM-9PM, TH 9AM-8PM, SA 9AM-6PM

Accessibility: Members should call the provider's office to discuss their accessibility needs.

**UPDATE: There was a change**

**in the provider record; demographic, phone and/or panel status.**

### **Paul, Mariam MFT**

5199 E Pacific Coast Hwy Ste 330n

Long Beach, CA 90804-3353  
(562) 365-2020

Accepting New Patients: Yes  
Hours: M,TU,F 9AM-7PM, W 9AM-9PM, TH 9AM-8PM, SA 9AM-6PM

Accessibility: Members should call the provider's office to discuss their accessibility needs.

**UPDATE: There was a change in the provider record; demographic, phone and/or panel status.**

### **Wells, Trevor MD**

5199 E Pacific Coast Hwy Ste 330n

Long Beach, CA 90804-3353  
(562) 365-2020

Accepting New Patients: Yes  
Hours: M-W,F 9AM-7PM, TH 9AM-8PM, SA 9AM-6PM

Accessibility: Members should call the provider's office to discuss their accessibility needs.

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# LOS ANGELES COUNTY OUTPATIENT MENTAL HEALTH PROVIDERS

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demographic, phone and/or panel status.

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